# GastroCH4ECK® Gastrolyzer®

Hydrogen and methane monitoring to aid in the diagnosis of gastrointestinal disorders.

## **Quick Start Guide**



For the full manual and other important literature to help you use the GastroCH<sub>4</sub>ECK<sup>®</sup> Gastrolyzer<sup>®</sup> to the best of its ability, please visit: www.covita.net



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#### Taking a mouthpiece breath test

- **1.** Make sure the power cord is connected and the GastroCH<sub>4</sub>ECK<sup>®</sup> is switched on
- 2. Connect the sample line to the sample line connector; a click should be audible



- 3. Attach the mouthpiece to the sample line
- **4.** Press **← ?**
- 5. \( \sqrt{w}\) will be shown onscreen while the sensor is zeroing
- **6.** When prompted by  $\leftarrow \mathbb{Z}$ , inhale and hold breath for the pre-set 15 seconds
- **7.** A beep will sound during the last 3 seconds of the countdown
- **8.** Blow slowly into the mouthpiece, aiming to keep the arrow in the green section ?

- 9. The arrow will change colour as the O<sub>2</sub> level in the breath sample reduces to the target 15%, at which point it will turn green and the test will automatically stop after 3 seconds
- **10.** If you cannot complete the test, press
- 11. The results will be shown onscreen
- 12. Press ? for a visual indicator of the results:

  = good = satisfactory = poor, retake test
- **13.** Press to return to the results
- **14.** To take another test, press and then repeat steps 4-13
- **15.** Remove the mouthpiece and sample line in between tests to purge the sensors with fresh air.

#### Collect a breath bag sample

- 1. Remove the blue plugs from the breath bag
- 2. Place two clamps on the inlet and outlet but leave them open
- 3. Attach a mouthpiece to the inlet
- 4. Exhale gently into the bag until your lungs are nearly empty
- 5. When your lungs are nearly empty, close the clamp at the outlet
- 6. Fill the bag and then close the clamp at the inlet
- **7.** Replace the blue plugs
- 8. To take multiple breath bag samples, repeat steps 1-7 with new breath bags.

### Analyse breath bag sample

- **1.** Make sure the power cord is connected and the GastroCH<sub>4</sub>ECK® is switched on
- Attach the moisture filter to the bag sample connector



- 3. Press →
- 4. Remove the blue plug from one end of the breath bag and attach to the moisture filter.
  Open the clamp on the inlet of the breath bag
- 5. Press to begin breath bag sampling
- **6.** Will be shown onscreen while the sensor is zeroing

- 7. Once zeroed, the GastroCH<sub>4</sub>ECK® will automatically begin bag sampling for 45 seconds as indicated by \$\overline{\Z}\sqrt{45}\$, make sure that the clamp is open
- 8. The final results will be shown onscreen
- **9.** Press ? for a visual indicator of the results:
  - ⊕ = good = satisfactory = poor, retake test
- **10.** Press to return to the results
- **11.** To take another test, press and then repeat steps 3-10.